

ARUNACHAL PRADESH PUBLIC SERVICE COMMISSION ITANAGAR

No. PSC-R(A)/12/2024 (Vol-III)

Dated Itanagar, 9th July, 2025

NOTIFICATION

In continuation to the Result Notification of written examination of **Arunachal Pradesh Public Service Combined Competitive (Main) Examination-2024** vide No. PSC-R(A)/12/2024 (Vol-III) dated 30th June, 2025, it is hereby informed to all the qualified candidates who have opted for the post Dy.SP (APPS-EG) that the dates for Physical Efficiency Test, Physical Standard Test and Medical Test have been re-scheduled as mentioned below:

Date	Event	Reporting Time	Gate closing Time	Venue
18.07.2025 and 19.07.2025	Physical Efficiency Test & Physical Standard Test	06:30 AM	8.30 AM	PTC, Banderdewa
21.07.2025 onwards (actual date/time of reporting shall be informed on qualifying the PST and PET)	Medical Test	09:00 AM	NA	TRIHMS, Naharlagun

- 1. Further, the Physical Efficiency Test, Physical Standard Test and Medical Test shall be conducted as per the following terms and conditions:
 - **A. PHYSICAL STANDARDS:** In accordance with "the Arunachal Pradesh Police Service (Amendment) Rules, 2022" the candidates have to conform to the Physical Standard prescribed below:

a) Height

Category General Candidates		Male	Female	
		165 cms	157 cms	
APST Tirap/Cha	(Other anglang/Longding Di	than stricts)	160 cms	152 cms
APST (Tirap/Changlang/Longding Districts) *		152 cms	152 cms	

^{*} The candidates belonging to Tirap/Changlang/Longding Districts are to bring their APST Certificate and Permanent Resident Certificate in original for verification at the time of PET and PST.

b) Chest (Male Only)

Category	Normal	Expanded
APST	77 cms	82 cms
General Candidates	80 cms	85 ms

B. PHYSICAL EFFICIENCY TEST (PET): - In accordance with the APPENDIX-II of "Arunachal Pradesh Public Service Combined Competitive (APPSCCE) Rules, 2019" and "the Arunachal Pradesh Police Service (Amendment) Rules, 2022", the candidates will have to qualify in the Physical Efficiency Test as indicated below:

a) For Male candidates: -

- 1. 100 mtrs race to be completed in 16 seconds (single attempt)
- 2. 1500 mtrs race to be completed in 8 minutes (single attempt)
- 3. Long Jump of 11 feet (three chance to be given)
- 4. High Jump of 107cms (three chance to be given).
- 5. Obstacle crossing of any six of the following:
 - i) 182.88 cm x 25.40 cm pickets over which the candidates have to jump and cross.
 - ii) Clearing the wall of 152.40 cm x 213.36 cm x 60.96 cm.
 - iii) Jump by holding the rope from obstacle of 243.84 cm height.

- iv) Tarzan swing of 304.80 cm long.
- v) Parallel rope of 918.40 cm long.
- vi) Monkey rope of 457.20cm long.
- vii) Climbing the vertical rope of 487.68 cm long
- viii) Crossing 182.88 cm wall.

b) For Female candidates: -

- 1. 100 mtrs race to be completed in 18 seconds (single chance)
- 2. 800 mtrs race to be completed in 5 minutes (single chance)
- 3. Long Jump of 9 feet (three chance to be given)
- 4. High Jump 90 cms (three chance to be given)

NOTE: Physical Efficiency Test and Physical Standard Test will be qualifying in nature.

C. MEDICAL TEST:

In accordance with the APPENDIX-II of *Arunachal Pradesh Public Service Combined Competitive (APPSCCE) Rules, 2019*", the candidate who qualify the Physical Efficiency Test and Physical Standard Test must undergo medical examination to conform to the below mentioned Medical Standards:

a) Eye sight

DISTANT VISION	NEAR VISION	
Better Eye (corrected vision)	Worse eye	Corrected vision
6/6	6/12	j.I
6/9 or	6/9	j.II

- 2. **ADMIT CARD**: The Admit Card for appearing in the Physical Efficiency Test, Physical Standard Test and Medical Test shall be available for downloading from the APPSC website from 1900 Hrs on 9th July, 2025 till 0600 Hrs on 18th July, 2025. The venue, date and time of reporting and detailed instructions for the candidates are mentioned in the Admit Card. The actual date time of reporting for Medical Test shall be informed by APPSC to the candidates on qualifying the PST and PET. Candidate without Admit Card shall be not allowed to appear in the PET, PST and Medical Test.
- 3. Entry for candidates into the Police Training Centre (PTC), Banderdewa will be open from **06:30 AM** and will close at **08:30 AM**. No entry will be allowed once the gates have been closed.
- 4. Mobile phone, Bluetooth devices or other objectionable articles will not be allowed inside the premises of the PTC, Banderdewa. The Commission and PTC will not be responsible for any loss of such personal belongings in this regard.

- 5. No person, other than the candidates and the officers/officials on duty shall be allowed inside the premises of the PTC, Banderdewa till the completion of the Physical Efficiency Test and Physical Standard Test. Any parents/guardians accompanying the candidates shall have to wait outside the main gates of the PTC.
- 6. No candidate shall be allowed to leave the PET/PST venue without the permission or clearance by the Officer-in-Charge. The candidates who disqualify in any event should leave the premises immediately.
- 7. The decision of the Commission with respect to the eligibility of the candidates for the post of Dy.SP (APPS-EG) for APPSCCE-2024 shall be final.

(Parul Gaur Mittal) IRS Secretary, APPSC

No. PSC-R(A)/12/2024 (Vol-III) Copy to: - Dated Itanagar, 9th July, 2025

- 1. PS to Hon'ble Chairman, APPSC.
- 2. The DGP, PHQ, Itanagar.
- 3. The AIGP (Training), PHO, Itanagar.
- 4. The Principal, PTC, Banderdewa for information and necessary action.
- 5. The Jt. Secretary-cum CoE, APPSC for necessary action.
- 6. Office copy.

(Parul Gaur Mittal) IRS Secretary, APPSC